

For the Record...

Bible Study: 177
 Sunday Worship: 402
 Sunday Evening: 102
 Wednesday: 221

Weekly Giving: \$15,037
 Weekly Budget: 16,237
 YTD Giving: \$ 430,465
 YTD Budget: \$ 470,873

Our Ministers

Josh Clem
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Our Staff

Krysta Allen
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Jenifer Hurt
 Ministry Assistant
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For our visitors:

If you have any questions, if you want to get involved with our church, or if you just want to meet some of our leaders, please stop by the Starting Point kiosk in the lobby. We'd love to meet you and answer your questions. Thank you for worshipping with us today!

*West Side Church of Christ
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Our Deacons

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WEST SIDE

CHURCH OF CHRIST

Sunday,
 July 28, 2019

This week's helpers:

Nursery:
 - Lisa Reed
 - Michele Todd

KFC: *Will Resume in August*

2 year olds:

3 & 4 year olds:

K - 2nd grade:

Puppets:

Greeters:

North:
 Thom & Tami Robinson

East:
 Richard Loveland

West:
 Larry Duvall

Communion:

Table 1:
 - Brent Ruple, Chance Nesbitt, Robyn Richardson, Kevin Mason, George Reed

Table 2:
 - Matt Strasser, Richard Loveland, Zach Taylor, Keith Moore, Alex Pipkin

A Prescription for Anxiety

by Tim Tripp

One of the greatest health issues of our time might not have anything to do with a virus or bacteria. It is a mental health issue called anxiety. Michael Meredith had a great lesson on this for one of our Summer Series back on June 26th. Michael pointed out that one of the causes of increased generalized anxiety is the fact that we live in a world where information is so abundant, news is constant and knowledge on everything known to man is available with a few clicks of a mouse or finger and a touch screen. The general message is that there is tragedy and chaos everywhere, you can't do a thing about it and no one really cares how you feel any way. Is it any wonder that life seems meaningless when those are the messages with which we are constantly bombarded? As the Ecclesiastes writer says, "For with much wisdom comes much sorrow; and the more knowledge, the more grief," (1:18).

Anxiety is an emotion fueled by powerlessness and Powerlessness is one thing our modern era breeds. Social media offers a platform of free speech without accountability. It seems there is a daily debate among virtual strangers over things that have little import in the big scheme of life. It can be encouraging too but it would be difficult to cull your friends list down to only those who are positive and encouraging.

In the book of Romans, chapter 12, verse 12, Paul gives a wonderful, three step prescription for anxiety. He says, "Be joyful in hope, patient in affliction and faithful in prayer." It is a verse I try to keep memorized because it is such a succinct yet powerful prescription; a strategy for coping in times of high anxiety.

First, he says, "Be joyful in hope." When times get challenging, our minds tend to drift toward the worst-case scenario. We tend to think of all the ways the current situation could result in our failure and our ruin. Anything resembling hope gets tucked away in the recesses of our minds and becomes lost. Paul encourages his readers to hang on to hope, even in the darkest times, and allow joy to flow from it. Think of God's promises, his presence and his love. Remember that he has your back and when this life is over, heaven is your home. That is hope we can lean on in any situation.

Next is "patient in affliction." When we go through anxious times, our thoughts are consumed with how to get out. Paul challenges us to wait patiently in it. This is not to intentionally extend or intensify it nor is it to dramatically lessen it either especially when the cost of lessening is our integrity or our convictions. Wait there. Watch for the lessons God will show you. Watch for him to walk with you through it all.

Last, he says, "be faithful in prayer." When I am powerless, I go to my God who is not. When I feel out of control, I turn to God who is not. God gives us the avenue of prayer and invites us to use it saying that anything we ask for in faith will be granted. A resolve to anxious situations are just a prayer away.

The next time you catch yourself feeling anxious or overwhelmed, remember Paul's three step prescription: "Be joyful in hope, patient in affliction and faithful in prayer."

DIOS LE BENDIGA! (God Bless You!)

by Aris Ortiz

Good morning my family of the Faith!
 We have a new opportunity today to grow more in the faith. Are we attending Bible class? That is a great moment that you and I have to study, learn and go deeper in to the knowledge of God's Word. I think, it is one of the best 45 minutes that we have every week to grow in knowledge of the Scriptures. It is the time that we get together and focus specifically to dig and bring the greatest message from God for our daily life. We read, we ask, we receive answers to our questions. And what we learn from each bible class, will affect our lives; and not only in this life, but is preparing us for the life after death. (I know that most of us have other moments in the week to study the Bible) but there is something different about Sunday morning bible class that makes that time so special. I will definitely recommend to everyone to attend Sunday morning bible class. Is another opportunity to grow a little bit more in our Christian life in so many ways.

I will encourage everyone to attend Sunday bible class! You and those who come with you, will benefit big! Blessing to you my West Side Family!



Children's Ministry Grades K - 5 Meets Sunday at 9 AM and Wednesday at 6:30 PM.

RAISING ARROWS

Teaching Team Leaders:

Holy Word Studios: Lee and Andrea Henson
Noah's Arcade: Dale and Christina Brooks
Museum: Brent and April Ruple
Creator's Canvas: Hensons



WSYM - Mystery FunDay and Devo
Wednesday, July 31

10:00 AM - 7:30 PM @Cornerstone

This is a free event. Lunch provided
Be Prepared - Water and Paint Activities
Bring a change of clothes

upNext:

July 28: Postponed: WSYM hosting Community Block Party. Instead join us at the building for a 5pm church service.

July 31: Mystery Fun and Devo day!

Aug 10: Food on the Mount @ Mt. George

Aug 18: 6th Graders Join WSYM

Aug 21: Parents/Student WSYM - Informational Session @5:30 PM - 6:15 PM

Aug 30 - Sep 2: Refresh Retreat w/Little Rock Groups

Hello West Side!!

Our 2019/2020 School year is upon us!

Welcome Worship and Taco Bar Lunch at the CCSC on August 18th.

Coffee and Donuts at 9AM at the Greer House followed by Welcome Worship at West Side on August 25th.

Adult Bible Classes

Sunday Morning Adult Classes:

Room 2: Galatians: Clements Rotation
Room3 : Nehemiah: Janelle Rotation
FC Classroom: Old Testament Characters: Reed Rotation
Rock: Church on Mission: Tripp Rotation

Wednesday Night Adult Class(es):

Summer Series in the Auditorium 6:30pm

7/31: Corey Harrison | Missionary People

WHAT YOU NEED TO KNOW:

"New Kicks For Kids"

Thank you again West Side for showing the love of Jesus! With your amazing generosity, we were able to meet and exceed our goal. Your thoughtful donations came to the amount \$1400! Many children will be blessed by this gift!

Baby Shower Next Sunday:

There will be a baby shower in honor of Melanie Sorrells Cooke, Sunday August 4th in the Rock from 1:30-3:30pm. The Cookes are registered at Target, Wal-mart and Rose Drug.

Teacher's Meeting

There will be an organizational teacher's meeting Sunday August 4th following morning services for teachers of children 2years - 5th Grade. Bring your own lunch and stay to discuss the upcoming children's classes. See Lee Henson for more details.

Teacher Appreciation Banquet

If you are currently teaching, or have taught in the past year, from cradle roll through adult, including Kids for Christ, we would count you as our honored guest at an appreciation banquet Sunday August 11th after morning worship. There will be a special guest speaker, and child care will be provided. In order to help us make this the best it can be, please sign the list on the Starting Point kiosk to let us know if you plan to attend.

New Baby:

Congratulations to Aris and Carina Ortiz on the birth of their new nephew Liam Nicholas Rodriguez. He was born July 5th and weighed 8lbs and 14oz. Proud parents are David and Nancy Rodriguez and big brother Jett. Liam and his family will be moving here this fall!!

Gathering Times

SUNDAY

9:00 AM Bible Class

9:00 AM Clase en Español

10:00 AM Worship

10:00 AM Adoración

5:00 PM Summer Sunday Night Series

WEDNESDAY

6:30 PM

6:30 PM Clase en Español

7:00 Midweek at CCSC

Family Illness and Recovery

Terry Bonds is currently in the hospital in Corinth, MS after suffering a light stroke. During his hospitalization it was found that he has a life threatening heart condition. Please pray for correct diagnosis and effective treatment.

James Clements will be having back surgery July 31st. Please pray for his upcoming surgery to be a success and provide much relief.

Bob Clark is now at home but will continue to travel back and forth to Hot Springs indefinitely. Please continue to pray for healing and strength.

Jaylynn & Ethan Jackson will be having their tonsils removed on Tuesday July 30th. Please pray for successful surgeries and rapid recovery for both of them.

Don Todd has been moved to Russellville Nursing Center for Rehab. Please continue to pray for his strength to return.

Mark Helms is having some complications following surgery. Please keep him in your prayers for a full and speedy recovery.

Sympathy:

We extend our sympathy to Mary Reid in the loss of her husband Ron. Please keep Mary, Mark, Matthew, Rick and Rusty and thier families in your prayers during this time of loss. A memorial service will be held Tuesday, July 30th in Humphrey Chapel.

We extend our sympathy also to Jim and Vicki Betterton and family in the loss of Jim's sister Vavra Allison. Please pray for peace and comfort during this difficult time.

Dialysis Clinic needed items : unsweetened applesauce (individual) , 5oz cans of tuna packed in water (not oil) and Ritz Crackers (short stacks). Donations may be left in the MNFTM box in the hallway.

RIVER VALLEY CHRISTIAN COUNSELING

West Side Church of Christ has partnered with Paul Senn of River Valley Christian Counseling to provide high quality, affordable, Christian counseling to the River Valley. Hourly fees are based on the client's income and services will be provided regardless of the income/insurance situation of the client.

If you would like more information, please contact Paul Senn at

479-219-3019 or rvccounseling@gmail.com.

You may also visit www.westsidear.org/rvcc for more information.

Military

Ethan Grace

James Cole, Jr

Micah Hunter

Charles Pitney

Joseph Roberds

Mikailah Carr

Carson Curtis

Missions

James & Abigail Rucker

WBS Students

Paul & Noemi Crites

Expectant Mothers

Melanie Cooke

Shut-in & Nursing Homes

Madge Alverson - Atkins 311

Wanda Bailey - home

Mirl Helms - Stella Manor 221

Kirby Larson - Brookdale 209

Linda Mullinax - Rsv. Nursing Center 319A

Wayne Nordin - Brookdale 219

Glennette Price - Stella Manor 305

A Look Ahead...

Tonight: 5pm in the Auditorium - devo

7/29 Brown Bag Mondays : Lenore Tripp

7/31: Summer Series -Corey Harrison | Missionary People

8/1: Celebrate Recovery meal @ 6pm; worship and classes to follow

8/4: teacher's meeting // Cooke baby shower

8/5: Brown Bag Mondays: Jenifer Hurt